

# 20 18 sixfoottrack marathon



**NEWSLETTER # 1 • OCTOBER 2017**

## Welcome to Six Foot Track Marathon #33!

Race day: Saturday 10th March 2018.

Registrations: Monday 27th November 2018

Read on, for key race information, updates, sponsors, supporters and areas of interest to runners leading up to race day. Regularly check [www.sixfoot.com](http://www.sixfoot.com) and our [facebook](#) page for latest details.

### IMPORTANT DATES FOR YOUR DIARY

**BRIEFING NIGHTS • ENTRIES OPEN • TRAINING CAMP • RACE DAY**



## 2017 DONATION

We are delighted to confirm a donation of **\$73,915.85** to assist with purchase of equipment for RFS volunteer brigades.

Thank you to all running and RFS volunteers for continuing to support this iconic race!

<b>SIX FOOT TRACK MARATHON 2017</b>		DATE: <b>11th MARCH 2017</b>
PAY TO THE ORDER OF: <b>NSW Rural Fire Service – Blue Mountains District</b>		<b>\$73,915.85</b>
Seventy three thousand, nine hundred and fifteen dollars and 85c		DONORS:
FOR: <b>Purchase of Equipment for RFS Volunteer Brigades</b>		<b>Six Foot Track Marathon 2017</b>
		<b>Runners Donations</b>
		<b>Event Services International</b>
		<b>Super Sports Images</b>

## ENTRIES OPEN

Entries for 2018 will open 9am on Monday 27 November 2017

Click here for [ENTRY CRITERIA](#) and [INFORMATION](#)

## BRIEFING NIGHTS

### NORTHSIDE RUNNING GROUP (NRG)

**6.30pm Wednesday 25 October 2017**

Union Hotel, 271 Pacific Highway, North Sydney

Open to both NRG members and non-members. The night will include a presentation from the Six Foot Track Marathon Organisers. Get your questions answered by an experienced NRG Six Foot Track panel/ members and hear all about the NRGs Six Foot Track Marathon training program. (Light finger food will be provided and drinks can be purchased from the bar at the venue.) Free for NRG Members, \$10 per ticket for non-members. [CLICK HERE](#) to book.

## **BLUE MOUNTAINS RUNNING CO. / 2773 CAFÉ**

**6.30pm Tuesday 31 October** 2773 Café 19 Ross Street, Glenbrook  
Please welcome Blue Mountains Running Company on board as a Six Foot Sponsor!

Whether a first timer or seasoned veteran this night will be a 'not to be missed' event. We will provide potential participants event and preparation information required for a successful campaign. We have so many past and future champions right here in our own backyard and expect to rub shoulders with and ask questions of some of these legends on the night. [Drinks and pizza can be purchased on the night and the store will also be open with some Six Foot specials and prizes.]

The Six Foot committee are also going to present the 2017 cheque to RFS.

## **SYDNEY STRIDERS**

**6.00pm Friday 3 November 2017** Firehouse Hotel, North Sydney

The event is open to anyone wishing to find out about the Six Foot Track Marathon race and training. Join Andy Stiddard along with Six Foot Track Marathon committee members to hear about the this years race.

Andy also coordinates a series of Six Foot Track Marathon training runs each Saturday commencing from 11th November 2017. For details

contact: Andy Stiddard [Sixfoottg@sydneystriders.org.au](mailto:Sixfoottg@sydneystriders.org.au) or visit their [Facebook Page](#)





## TRAINING CAMP

**20-21 January 2018 Hosted by Rejoov Runners**

This camp is open to all runners (from all clubs). You will stay overnight Saturday at the iconic Jenolan Caves House in shared or private accommodation, with buffet dinner and lunch included. The weekend includes running on the Six Foot Track Marathon course both days, invaluable advice and practical sessions around core strength, stretching, nutrition and generally what to expect on race day. **BOOK NOW** or for more information email Chris [chris@rejoovrunners.com.au] or Greta [greta@rejoovrunners.com.au] Truscott – or phone 0419 021 694.



## MERCHANDISE

**CHECK OUT THIS YEARS GEAR...**

**T-shirts • Arm warmers • Caps**

You will be able to purchase your merchandise online with race registrations w/c 27 November 2017.





## SIX FOOT BEER IS BACK!

Once again we are teaming up with Karl at Flat Rock Brew Cafe to bring you our very own beer at the Finish Line!

We want to include as many running club logos as we can on this years limited edition Squealers!

Please email us your club logo no later than 24 November\*

\*Must be supplied in vector format and emailed to [graphics@sixfoot.com](mailto:graphics@sixfoot.com)

## KEY STATISTICS 2017

### Six Foot Track Marathon

[CLICK HERE](#)



## SIX FOOT TRACK MARATHON RACE EVENT PARTNERS

### NSW Rural Fire Service – Blue Mountains

The RFS are a key partner in supporting the logistics of the event on Race Day and their efforts are paramount to the longevity, success and enjoyment of the Six Foot Track Marathon over the past 32 years. There are 27 Volunteer Brigades supporting Car Park / Start and Finish Line and 16 Aid Stations on the course.

Please note that all race proceeds after costs go in support of equipping RFS Volunteer Brigades. Click here for [maps and locations of the aid stations](#)

### Sydney Striders

Sydney Striders Running Club are race managers and administrators, through Six Foot Track Marathon Incorporated, and its volunteer committee. The club also sees itself as race custodian and facilitator for the involvement, participation and support by other clubs, club members and the broader running community of the Six Foot Track Marathon.



## SPONSORS

We are delighted to confirm that our sponsors for the 2018 marathon are HokaOneOne, Tailwind, Camelbak, Flat Rock Brew Cafe, and Blue Mountains Running Company.

## SUPPORTERS

Jenolan Caves Reserve Trust Access to that extra-ordinary Finish Line. Provide accommodation, food and beverage and finish line and services

Department of Primary Industries provide race day access to the Six Foot Track / Management and maintenance of the Six Foot Track

NSW National Parks provide race day access to the Six Foot Track and Jenolan Karst Conservation Reserve

Event Services International assists with race day Event and Traffic Management Services

SuperSports Images are our official race photographer

Online Timing provide official race timing and results

Rejoov Runners are running this years training camp.

Ultra 168 provide marketing support and advice.



Six Foot Track Marathon is a not for profit event, run by running volunteers for runners. Without your support, and that of our race partners, sponsors, supporters and volunteers, this race simply not be the iconic race it is, with that unique start line, on course and finish line experience!

If you are interested in volunteering email [volunteers@sixfoot.com](mailto:volunteers@sixfoot.com) and check the website.

If you have any questions please email us at [info@sixfoot.com](mailto:info@sixfoot.com)

Thank you,

**Six Foot Track Marathon Race Committee**

[www.sixfoot.com](http://www.sixfoot.com)

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[CLICK HERE FOR SIX FOOT TRACK MARATHON RACE PARTNERS, SPONSORS AND SUPPORTERS](#)

